**Cell Group Bible Study**

**Jesus 7 “I am” Sayings**

**Introduction**

Welcome to the start of our church’s sermon series and cell group bible study on Jesus’ 7 “I am” Sayings in the Gospel of John! We will be embarking on this journey for next seven weeks from 9 July to 20 Aug.

*Why study Jesus’ 7 “I am” Sayings?*

1. Here we hear Jesus personally describing his nature, character and mission. These are not statements given by another person. Jesus’ descriptions of himself are both fully accurate and true. We can **learn most about Jesus** through them.
2. It helps us **find true life**. Jesus clearly states to all Scripture speaks about him and points to himself (John 6:63). And as he alone is the source of life, we find life when we come to him through understanding his words.

*What is a suggested cell group and bible study format?*

1. You can incorporate the elements of the **4 W’s** for your cell meeting: **Welcome** (personal thanksgiving), **Worship** (songs), **Word** (bible study) and **Works** (prayer for each other and planning and participating in upcoming events of the church).
2. Each of the bible study will consist of three elements:
   1. **Introductory question** for discussion (related to the focus of the bible study)
   2. **Discussion question(s)** based on the passage
   3. **Possible application(s)** in daily life
3. You may not need to include all of the elements in a single cell group session but do not neglect any of the **4 W’s** over the long term.

*What can be helpful for cell members to be more involved?*

1. Everyone should try to read the bible passage beforehand or during the meeting.
2. Cell members can be rostered to lead in the various elements within the cell meeting: welcome, worship, bible study or prayer. This will help involve more members for the cell.
3. In smaller groups, cell members can keep in touch with one another about how they have been applying the lessons learnt in the sermon/bible study throughout the week. You can also ask cell members to share and update about their previous week’s resolution that they have set for themselves.

*What is helpful for you as a cell leader to have a fruitful meeting?*

1. Start and end every meeting **on time**. This honours the commitment that all the cell members have made to attend cell on time.
2. Encourage everyone to share and thank them for sharing – there are no wrong answers (unless it contradicts what God says!) and each opinion should be valued.
3. Look to affirm what your members are sharing – especially about how God may be speaking or leading them in their lives.
4. Feel free to stop at any point to elaborate if the Spirit is leading you to – **you don’t have to complete all of the discussion questions.**
5. Keep your cell group meeting and your members in prayer throughout the week.

**Jesus 7 “I am” Sayings Bible Study (9 Jul)**

**I am the Bread of Life**

**Big Idea – Jesus alone satisfies our deepest need**

Key Verse: *“I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.”* John 6:35

***A. Introductory Question***

1. Name one pursuit that you are currently going after either in your studying, working or family life. Why is this pursuit so important to you?

***B. Discussion Questions***

Jesus had displayed his miraculous power by feeding the crowd of at least five thousand people from a boy’s offering of five small barley loaves and two small fish. They could see the miracle evidently from the twelve baskets full of leftover food gathered. They then pursued Jesus to the other side of the Sea of Galilee.

**[Read John 6:25-35]**

1. What do you think is the Apostle John’s intention of placing Jesus’ teaching on “I am the bread of life” immediately after the feeding of the five thousand? What purpose was he trying to achieve for his reader through the comparison and contrast of the two occurrences?
2. From the conversations that Jesus had with the crowd, do you think that they believed Jesus was the Messiah sent by God? Why or why not?
3. How do you think it is possible for anyone to *“never go hungry”* or “*never be thirsty*” (v35)? What do you think Jesus was referring to?

***C. Application***

The crowd had mixed motives in following after Jesus. They did not truly believe that Jesus was the Messiah of God even though they had witnessed the miracle of the multiplication of food. They had demanded that Jesus perform other signs to prove his divinity. Yet they still chased after him to obtain the blessing of free food.

1. Are there any areas in your life where you may have other motives in believing in Christ? What is the Holy Spirit saying to you about this?

Only Jesus can truly satisfy our deepest need.

1. Is there someone in your circle of friends who need to know the provision that only Jesus can give? Spend some time to pray for God to use you to reach out to that person in practical ways.